

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™



Ohio Chapter



# Wear Your Bike Helmet to Work or School Day

SEPTEMBER 21, 2011

*Join Governor Kasich in a statewide effort dedicated to raising awareness of the importance of wearing a bike helmet!*

## **Join in the day!**

- Wear your helmet to work and tell everyone you see why you're wearing it!
- Distribute bike helmets through your office or hospital to families.
- Join the *Put a Lid on It! Bike Helmet Safety Awareness Coalition*
- Help us with local media outreach.
- Contact your Ohio legislators and encourage them to participate in the day.

*We can help you with all of the activities above – call or email us today!*

*(614) 846-6258 • [chapter@ohioaap.org](mailto:chapter@ohioaap.org)*

***In 2010, the number of people injured by NOT wearing a bike helmet was 51,000 – enough people to fill Nationwide Arena in Columbus 2 ½ times.***

