



# The Ohio AAP wants to bring our **FREE** **Ounce of Prevention** program to your office.

## TRAINING...

- ...that will help your patients' families prevent childhood obesity.
- ...that will help your staff know how to handle weight/fitness/nutrition issues with patients.
- ...that provides **free CME!**
- ...that **COMES TO YOU!**



The Ohio AAP's *Ounce of Prevention is Worth a Pound* toolkit has been developed to address the growing epidemic of childhood obesity. The goal is to provide you with effective tools to educate parents about prevention strategies to help them make good nutritional and physical activity decisions for their children.

## FREE Training for Pediatricians and Office Staff Includes:

- *Ounce of Prevention* reference toolkit for your office.
- Parent handouts on nutrition and physical activity, calcium, snacks, and serving sizes.
- Anticipatory guidance tips sheets for the patient's chart, office posters, BMI growth charts, and BMI wheel.
- Educational media for the waiting room and a CD with all educational materials in English and Spanish!

## SIGN UP TODAY!

Register online: <http://www.theounceofprevention.org/parentsurvey/ounce-of-prevention-training-information/office-based-training>, or complete the following form and mail according to the instructions below.

Once we receive your information, Elizabeth Dawson will contact you to schedule your training.

Contact Name: \_\_\_\_\_

Name of Practice: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Estimated Number of Participants: \_\_\_\_\_

Proposed Dates/Times: \_\_\_\_\_

Mail this form to: Elizabeth Dawson, Ohio AAP, 450 W. Wilson Bridge Rd., Suite 215, Worthington, OH 43085; fax to 614-846-4025; or e-mail form to [edawson@ohioaap.org](mailto:edawson@ohioaap.org). Questions? 614-846-6258

The Ohio Department of Health has provided a grant to the Ohio AAP to disseminate this information through office-based trainings. This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Pediatrics and the Ohio Chapter, American Academy of Pediatrics. The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians. The AAP designates this educational activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This activity is acceptable for up to 1 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Members of the American Academy of Pediatrics. The American Academy of Physician Assistants accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME. This program is approved for 1 NAPNAP contact hours of which 2.30 contain pharmacology (Rx) content per the National Association of Pediatric Nurse Practitioners Continuing Education Guidelines.

